

Ordinary Route

Access: 8 minutes walk, long abseil. Should take about 3-4 hours car to car.

Park at Anvil Rock car park (near Perry's Lookdown, on Hat hill rd from Blackheath) walk about 60 m towards Anvil Rock to a small col and head down the hill (North, towards Walls Lookdown) till you're about 15 m from the cliff edge. Walk down parallel with cliff edge till you hit a steep band of heath (Danger! there's a hidden cliff below it).

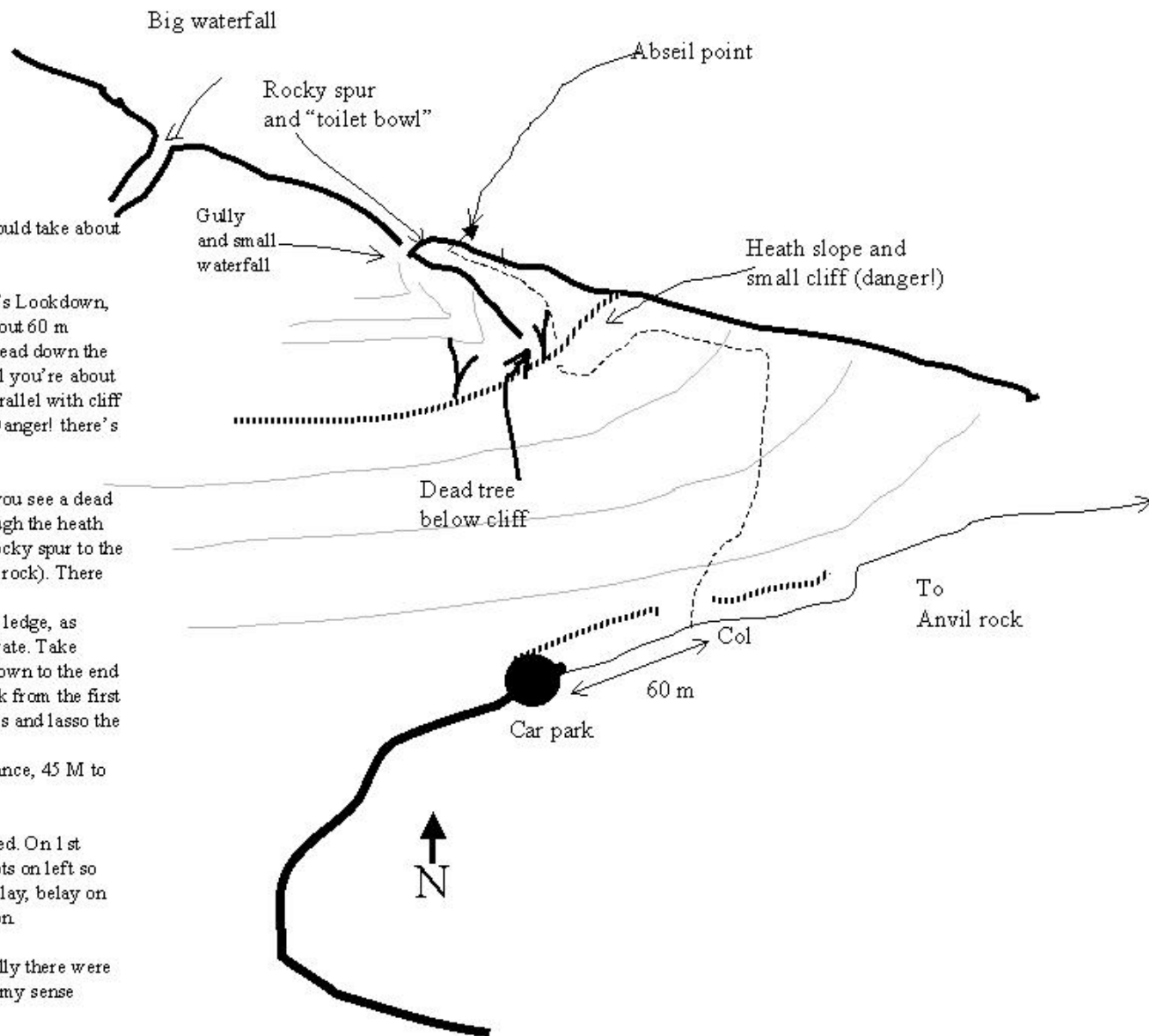
Walk left (facing down) about 20m till you see a dead tree below the cliff and head down through the heath and cliff here, continue R & down the rocky spur to the "toilet bowl" at the end of it (hole in the rock). There are rings about 3 m East of this. Then:-

A) Best to fix 2 ropes to get down to the ledge, as escape from here would be pretty desperate. Take jumars to knot-change and bring them down to the end of the rope to get out if necessary. I think from the first 2 belays you could wander along ledges and lasso the ropes to get out.

Or B) rap 45 M down and R to 2 ring stance, 45 M to ground.

Belays are fairly comfy, but a bit cramped. On 1st belay, clip everything, but hang on carrots on left so leader doesn't head kick you. On 2nd belay, belay on the carrot on the right for the same reason.

For reasons that escape me now, originally there were only 4 rings in the third pitch, I came to my sense before I tried leading it though.



Anvil Rock, Grose Valley

Perfect weather. Gets the sun till 3 in winter, out of the sun by 2 in summer

Ordinary Route 24 115 m

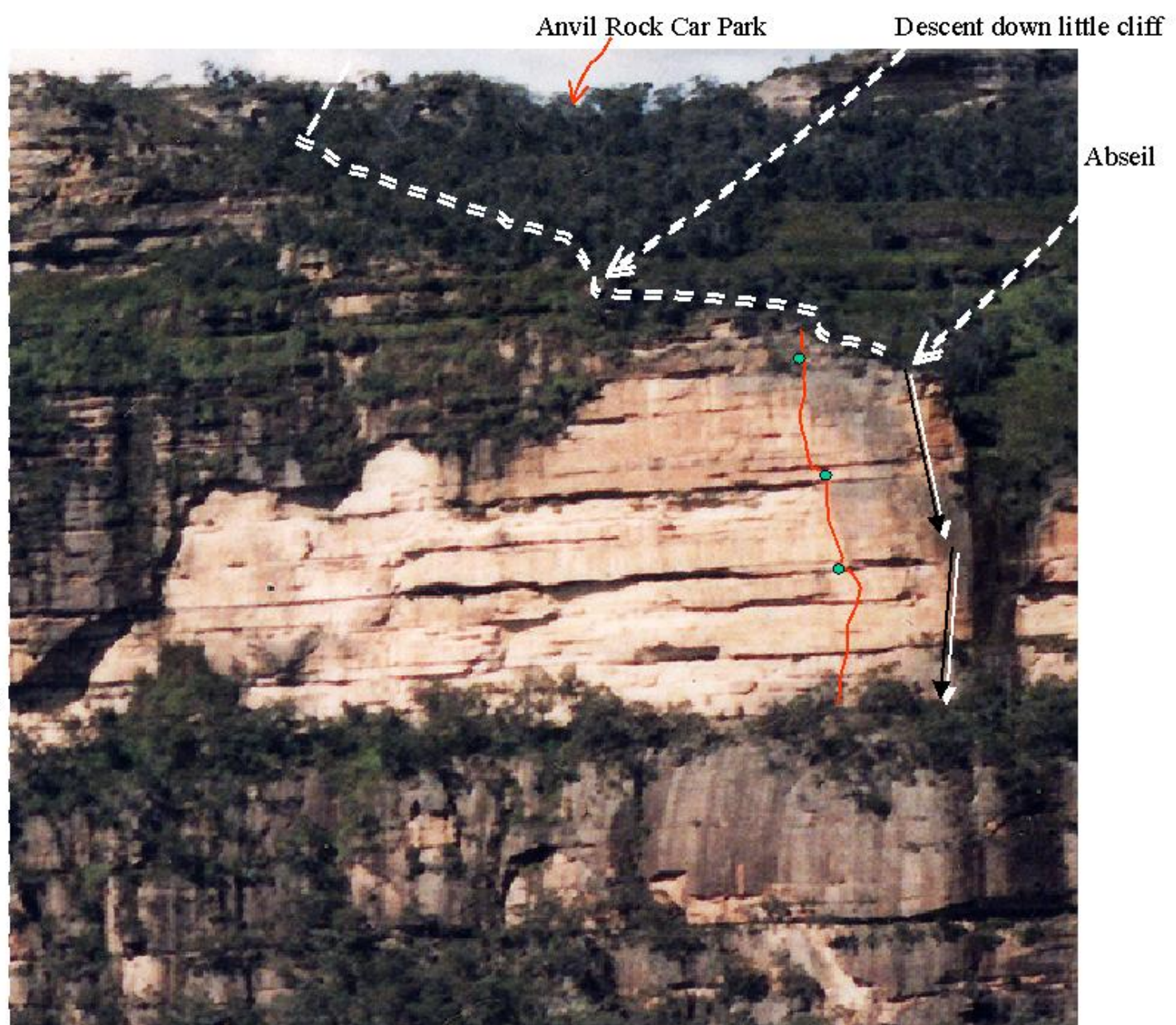
Excellent, continuous sport climbing. Rap down to half way ledge, starts about 15m left. Mostly rings. Take 3 brackets and about 14 draws
1) 45m (22) A bit grotty to start. On the belay, clip everything, but hang on carrots on left so leader doesn't head kick you.

2) 25m (23) (including the famous vet's move!). Go left at 2nd ring. Belay on the right.

3) 35m (23) Up past rings (second can stay clipped to top ring of belay till they have grabbed the ledge) and left. At 7th ring (above good rest) step right a move, up, back left & up above ring. Belays (2 fixed + 1 hanger) at back of big ledge

4) 10m 12 Finish over tree to avoid loose slope above, belayer should hide under roof
M Law, Vanessa Peterson, Andrew Duckworth, Warwick Payten 1999

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Bearhug 23 50m

Rap into first anchor on the way down to Ordinary route (leave a rope fixed for epic-mongering) to hanging belay.

1) 23 20m Traverse left across the void and up to funkiness on the arete to ledge belay

2) 20 30m Up sportingly bolted wall

Mikl Law, Niall Doherty

