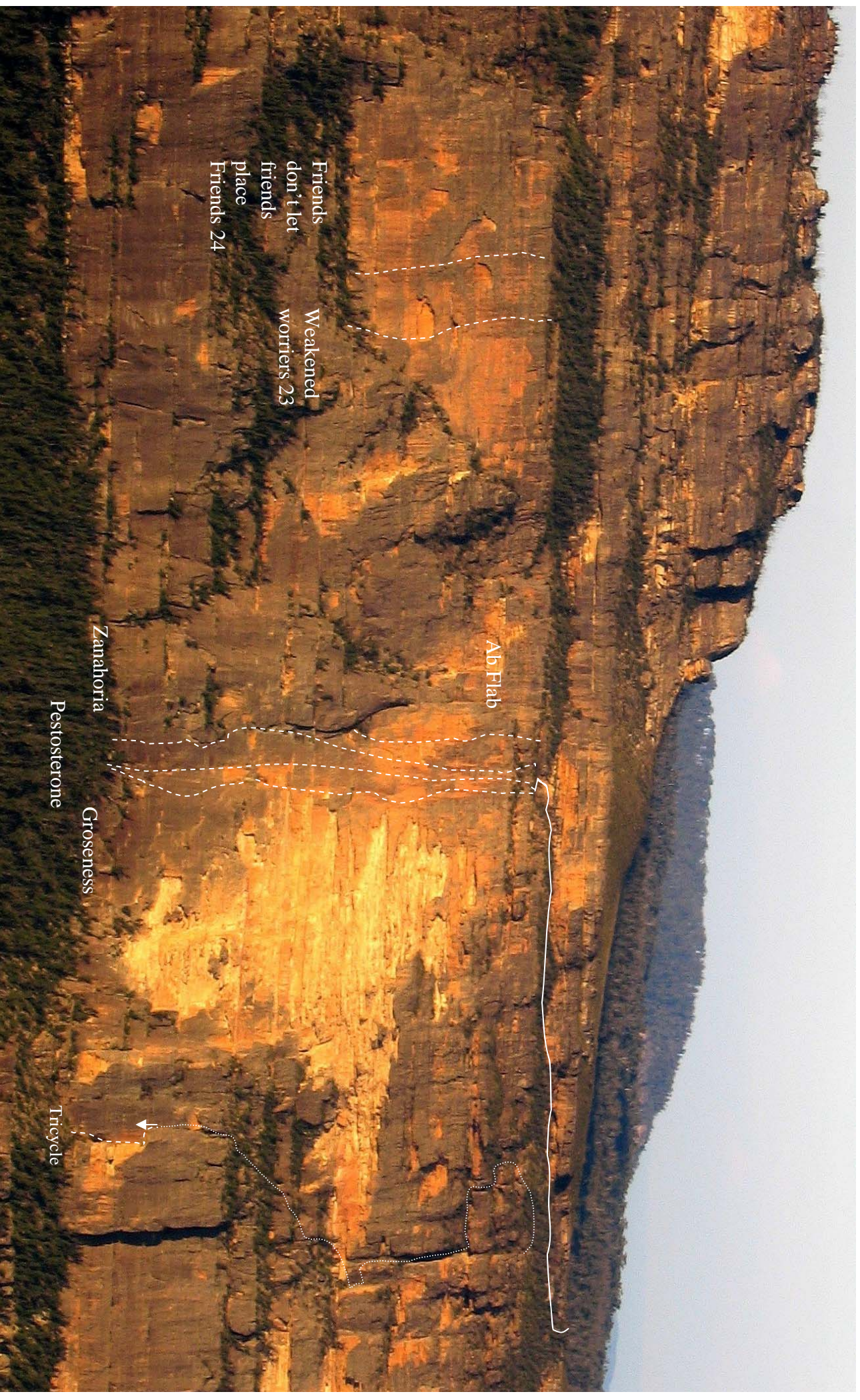
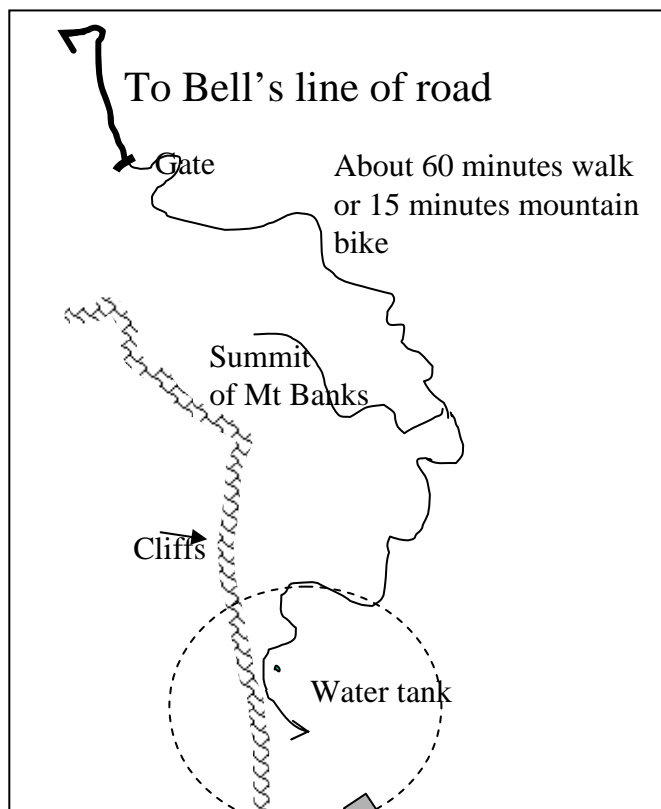
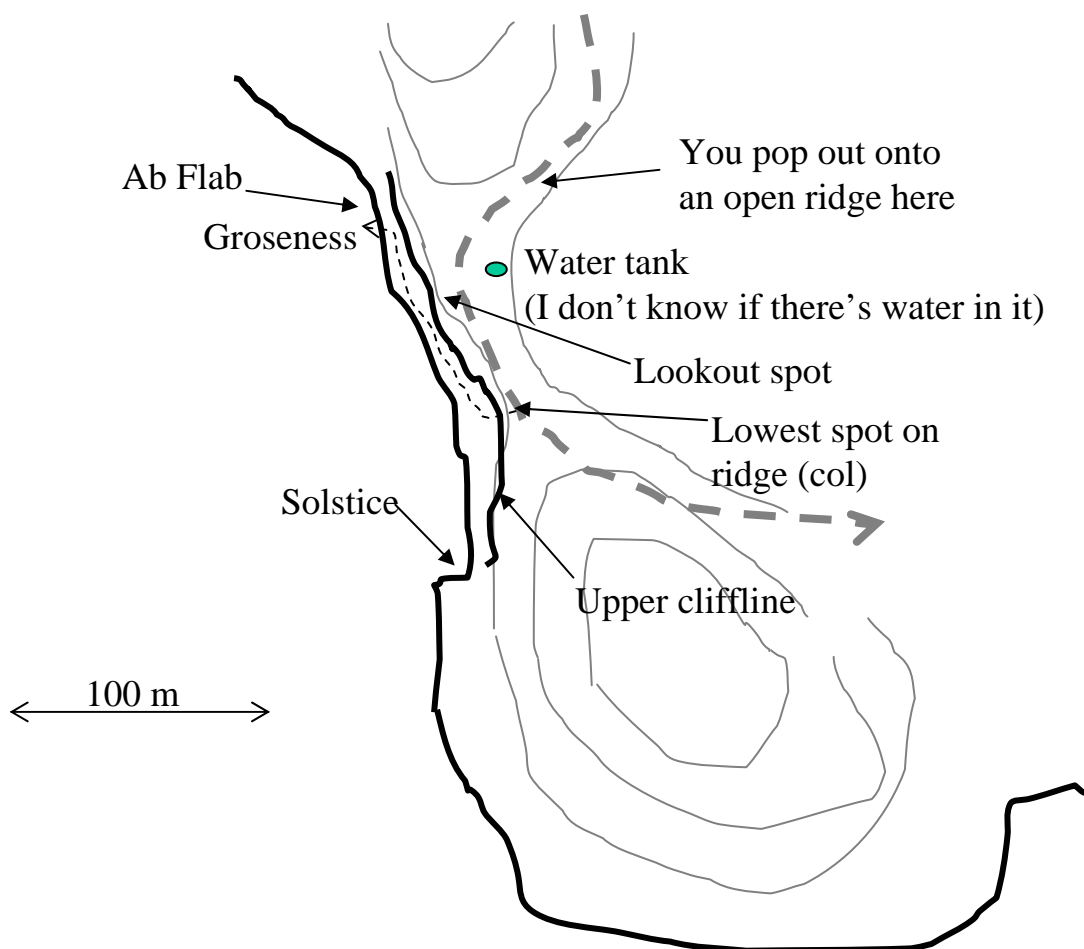


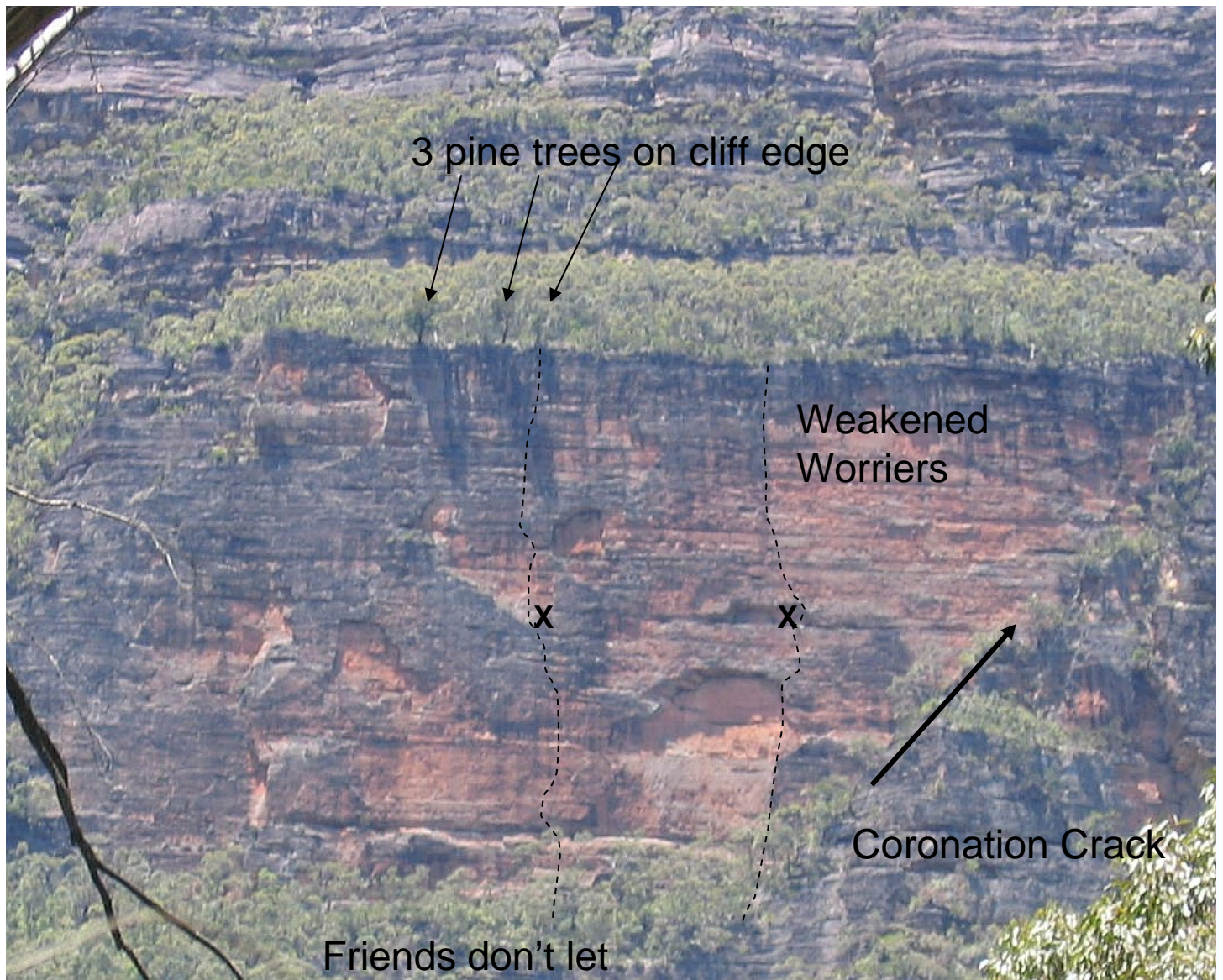
# Some routes on Mt Banks





These climbs are on Banks wall, the south and lower (and less chossy) end of Mt banks. The climbing is very vertical and runout, the rock quality is fair, but there are still plenty of souvenirs to be had. Access: From the picnic area go out along the fire trail (60 minutes walk or 15 minutes on a mtn bike) till you come out on the open ridge above Bank's wall and pass the water tank (take a map). Drop west off the track at the low point. Walk down 8m and turn north and walk along under a small cliffette; then a big cave, a long low cave, under a vertical wall with a small roof 12m up and then into a bigger cave with a flat, triangular roof 10m up (walk about 200m in all). This is above Groseness, if you go too far (40 m further on) the cliffline turns N.W and you can look back and see Groseness. "Friends don't let friends place Friends" is about 240 m further north on the ledge.





## Friends don't let friends place Friends

### Friends don't let friends place Friends 24 100m

Climbs the “undeniable wall” mentioned in the Coronation Crack description in Warwick William's guidebook. Walk 240 m further left (N) of the top of Groseness along the ledge. On the edge of the wall below are 3 pine trees, rap down off the southmost and smallest one (bring spare slings or rope to back it up with other trees). Rap 50m to small tree and bolt belay, and another 50 m to the ground. Alternately, rap down Coronation Crack. Take a few slings, brackets and many cams up to large size. Shut your eyes on the way down.

- 1) 50m Start about 20m of Coronation Crack at small left-facing weakness. Up past bolt and cams breaks, drift R and up corner at 20m then diagonally left towards ledge and tree belay.
- 2) 50m Up corner above belay and leftwards then up wall with top bolt hard to clip (pre-clip?). Up past cams and some slings to collapse on tree.

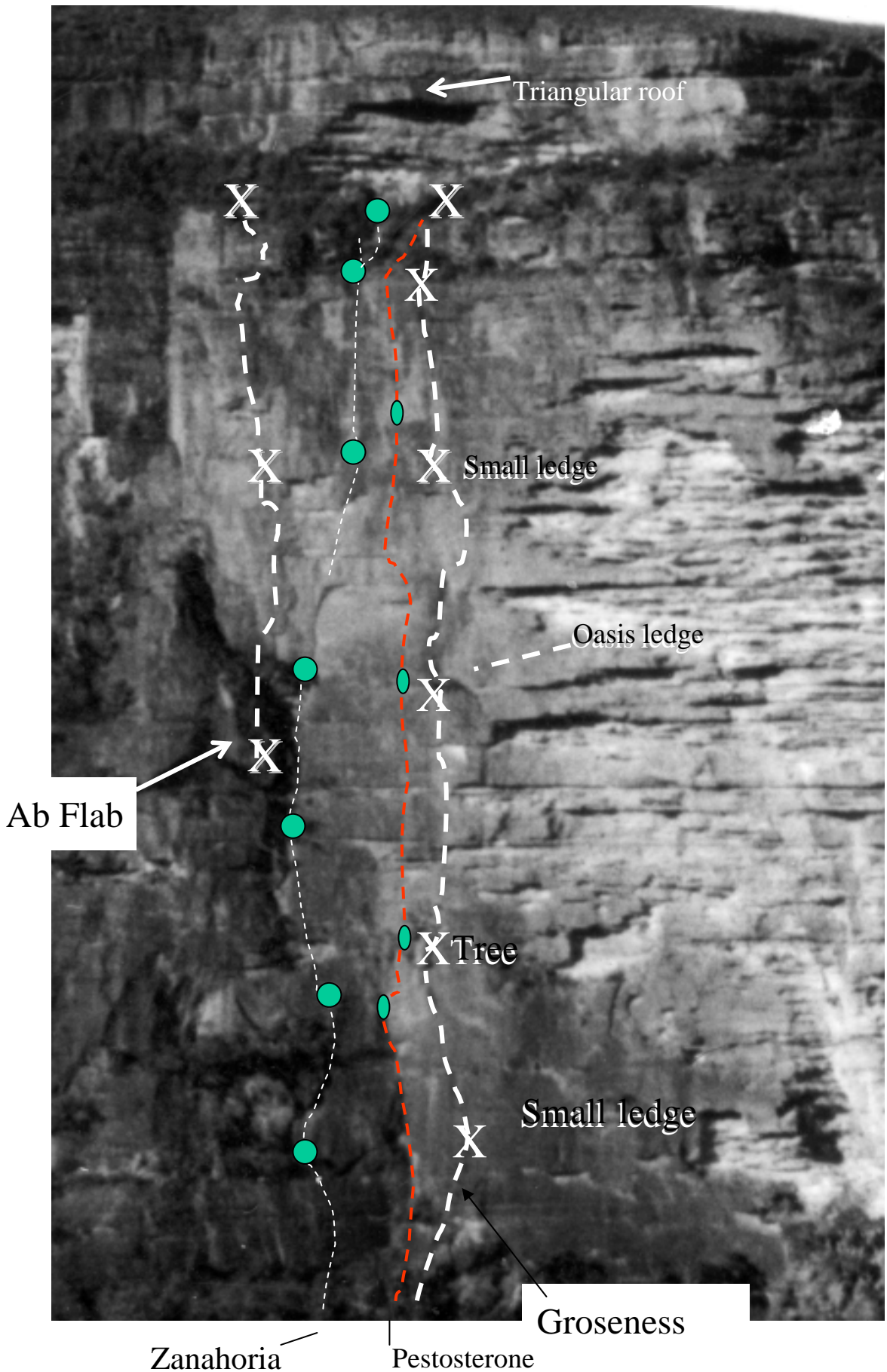
M Law, N Monteith (alt) H Lockie 2006

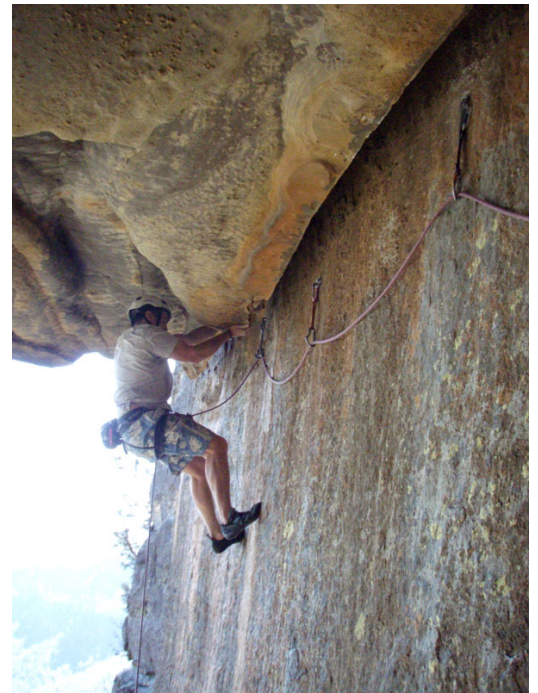
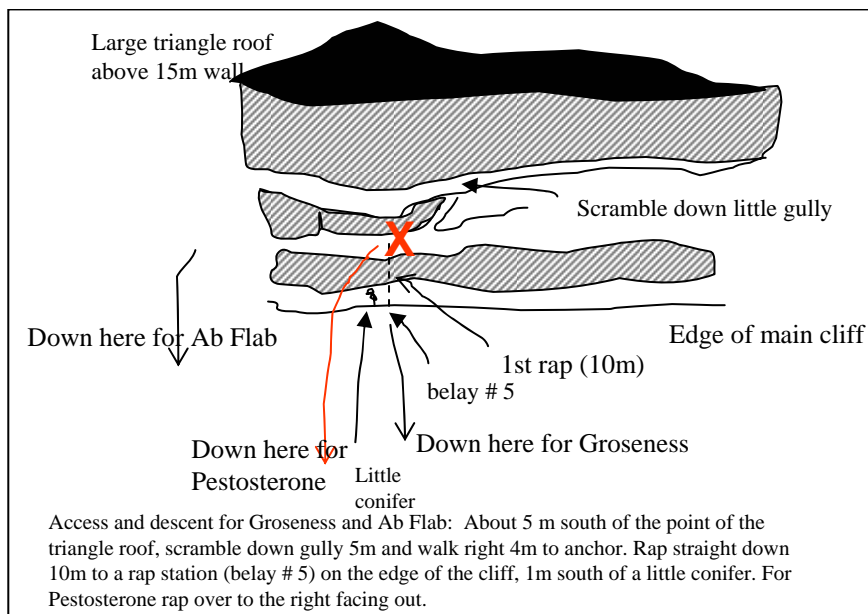
### Weakened Worriers 23 100m

Another route up the grand wall left of Coronation Crack. Best to rap the route, starts 30m left of the top of Coronation Crack. Rap down to cave belay (2BB) and thence to ground. Alternately rap down “Friends don't let friends place Friends” or Coronation Crack Take lotsa cams, double ropes, and brackets.

- 1) 50m Up wall past bolt to corner, follow this to roof, right to bolt and up wall to cave.
- 2) 50m Pull through right side of cave then diagonally left past cams for 12m to bolt. Up black streak to top.

Adrian Laing, Mikl Law May 2008





Tricycle

### Ab Flab 24 100m

Nice trad route. Start: Rap down from north edge of cave 20m left of Groseness (facing cliff). 50m rap down wall over ledges etc to bolt belay. 48m rap to tree. Take wires, cams with lots of extra med to large (at least one or two #4's)

1) (50m) up thin layback crack till 5m below roof, move left to large cam break and blast up wall to belay. 2) (50m) up wall past breaks, move left past bolt and tenuosity and up more easily to big ledge and tree, step right and up to finish. M. Law M. Wilson (alt) V Peterson, 2001

### Zanahoria 24 200m

More fun. Best to rap Groseness. Start 10m left of slight corner, 15m L of Groseness. Take a big rack and brackets.

1) 25m (23) Up slab to ledge and tree. 2) 25m (23) Up then right to layback and arete. 3) 35m (16) up line to tree. 4) 20m (16) up to ledge 10m below Ab Flab tree. 5) 50m (24) Right and up shallow corner, left then right at 30m, up wall to roof (big cam) and up headwall and right to BB. Long and sustained. 6) 35m (23) up left past 3 bolts then up and right. 7) 15m (16) up weird corner  
Carlos Garcia, Mikl 2008

**Pestosterone** 24 200m Super sustained sport climb. Rap the line (clean the top few holds, check that the ropes pull cleanly on the top abseil), rings on each belay. Take 18 or so brackets, and maybe a wire to clip anything too far away. Start up the open book corner. 1) 22 50m corner. 2) 15m 22 Right and up flake 3) 50m 23 up 4) 50m 23 Up 5) 45m 22 up Mikl, Neil Monteith 2008

### Groseness 24 205m

Excellent and very vertical sport climbing, the runout sections are easier than they look. This goes up the only section of Mt Banks that doesn't have huge vegetated ledges on it. Rap straight down and left (facing out) 10m to a rap station (belay # 5) on the edge of the cliff, 1m south of a little conifer. Abseil down the route. There are a selection of rings and chains on the belays, some of the glue was dodgy so use all the anchors, leave some water on "the oasis" too. Scramble up and right 10m to a ledge about 8 m south (right) of the corner (Pestosterone) to a short crack. Inspection of the climbing helps as you rap in. The climbing takes about 4-6 hours. Take slings and brackets.

1) 35m (20) Thin crack and slab to ledge. 2) 35m (20) Up and left into corner line, up to tree 3) 45m (24) Sustained up to nice ledge ("The Oasis"). 4) 45m (23) Thin start then right and up, runout up and right (medium cam if you're scared) then back left anchor. 5) 35m (22) Up to edge of cliff. 6) 10m (15) Up easy choss to ledge 5 m below cave  
M Law, V Peterson 2000

### Tricycle 22 45m

Fabulous roof undercling, do this and rap down to warm up for Pestosterone. From the base of Groseness / Pestosterone walk 170m right to huge corner. All bolts

P1 (17) scramble up corner and short chimney then up nice layback pas 4 BRs to 2BB on ledge.

P2 (22) 15 m Layback awesome roof with feet in tricycle position past 5BRs top 4BB, Rap off (the climb continues up and right for another 9 pitches of choss and doddle see [http://www.climb.org.au/index.php?page=27&area\\_id=1331](http://www.climb.org.au/index.php?page=27&area_id=1331) for details). M Law, N Monteith 2008